

TRE VIDEO EASY REFERENCE GUIDE

TRE EXPLAINED

Developing Resiliency using the uniquely designed TRE Protocol

<https://youtu.be/W03qGoMnszM>

TRE: A condensed explanation

<https://youtu.be/eQkwLrSxd5w>

POLICE & FIREFIGHTERS TESTIMONY

Leckey Harrison Firefighter & EMT teaches TRE to EMT Professionals

<https://youtu.be/NdIMyrMcAWw>

Police officer frees himself from years of traumatic stress with TRE

<https://youtu.be/wJKIApj7CTM>

Firemen in Mexico use TRE for stress reduction (Spanish with English subtitles)

<https://youtu.be/qDFDvU1yjPM>

Bomberos en México el uso ÁRBOL para liberar el estrés

<https://youtu.be/9cPR0kcLn4A>

TRE for Policeman and Firemen (Portuguese Language)

<https://youtu.be/hW1E6mUVn-E>

MILITARY TESTIMONY

Marine Veteran (Anthony McEntee) uses TRE

<https://youtu.be/9UIf0DEqiOA>

Marine's body tells his story

<https://youtu.be/MFNRE71jpiM>

Navy Seal releases physical trauma with TRE

<https://youtu.be/Wr2XFrinOlo>

Navy Seal: Fitness trainer Stew Smith on TRE: Tension and Trauma Releasing Exercises and Fitness

<https://youtu.be/dCpbFLt80K8>

Army Veteran explains how TRE helps him recover from combat stress

<https://youtu.be/NbbaFTTvxU0>

David Berceci teaches TRE to Columbian Army Vets (Spanish Language)
<https://youtu.be/pBLoK7nUZwQ>

SPORTS INJURIES

David (recovery from sports injuries)
<https://youtu.be/hDYr-k5TnsQ>

TRE releases old sports injury trauma and helps Travis recover.
<https://youtu.be/alyt4tNYWGQ>

Lower Back pain relief with TRE
https://youtu.be/2oC9snH_rms

Khaled Jurdi Muay Thai Practitioner
<https://youtu.be/aMJn0E4LWnc>

Essential Tremors Relief
<https://youtu.be/4HrEUoXM5qA>

YOUTH

Brandon talks about TRE
https://youtu.be/hmGUG_mXiRQ

TRE Frees Mind for Success and Creativity as stress is released -graphic designer
(Spanish with English subtitles)
https://youtu.be/_XMuZixjWp0

TRE allows positive thinking to actually work ! Iranian shares his transformation
from Trauma
<https://youtu.be/azRWD5LB3c8>

TRE helped me release trauma and fear following back injury
https://youtu.be/mhM_TTen-J4

TRE demo in school with Dr. David Berceci
<https://youtu.be/6vbdGpoI-4Y>

My Life Project: TRE empowers Youth Group
<https://youtu.be/-yrQl0Ez3t8>

Римская говорит на русском языке о своем опыте с TRE (Russian Language)
<https://youtu.be/tAW6k9AVTCE>

Matteo parla in lingua italiana su TRE (Italian Language)

<https://youtu.be/I4fD8L8mTA4>

TRE Chrysalis Testimonials

<https://youtu.be/WzfMZN94S8Y>

GENERAL POPULATION

Video Bercei Argentina

<https://youtu.be/FCTbfi6gmDA>

Danny experiences TRE for the first time

<https://youtu.be/GMROQnlqK3g>

My anxiety is gone .My life wonderful after TRE

https://youtu.be/asa_pFCiS5Y